

Thachlor 6.25 Tablet

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(Chlorthalidone 6.25 mg Tablet)

Composition:

Each tablet contains:

- **Chlorthalidone I.P.** – 6.25 mg

Description:

Thachlor 6.25 Tablet contains **Chlorthalidone**, a **long-acting thiazide-like diuretic** widely used for **hypertension (high blood pressure) and edema (fluid retention)**. It helps lower blood pressure by reducing **fluid overload** and **vascular resistance**, making it an essential treatment for **cardiovascular and kidney-related conditions**.

Pharmacological Action:

Chlorthalidone works by **blocking sodium and water reabsorption in the kidneys**, leading to **increased urine output** and **lower blood pressure**. It is effective for long-term **hypertension management** and prevents complications like **stroke and heart failure**.

Indications:

Thachlor 6.25 Tablet is indicated for:

- **Mild to moderate hypertension** (alone or with other antihypertensives)
- **Edema** due to:
 - **Congestive heart failure (CHF)**
 - **Chronic kidney disease (CKD)**
 - **Nephrotic syndrome**
 - **Liver cirrhosis**
 - **Premenstrual fluid retention**

Dosage & Administration:

- **Hypertension: 6.25 mg to 12.5 mg** once daily, as prescribed by a physician.
- **Edema: 12.5 mg to 25 mg** once daily or on alternate days, based on medical advice.
- **Administration:**
 - Take in the **morning** to prevent frequent urination at night.
 - Can be taken **with or without food**, with a full glass of water.
 - **Do not stop abruptly** without consulting a doctor.

Contraindications:

- Allergy to **Chlorthalidone** or **sulfonamides**
- **Severe kidney or liver disease**
- **Anuria (absence of urine production)**
- **Uncontrolled diabetes or electrolyte imbalance**

Warnings & Precautions:

- **Electrolyte Imbalance:** May cause **low potassium, sodium, and magnesium** levels; regular monitoring is required.
- **Hypotension:** Use with caution in **patients with dehydration or low blood pressure**.
- **Diabetes & Gout:** May **increase blood sugar and uric acid levels**—monitor regularly.
- **Pregnancy & Breastfeeding:** Should be used only if prescribed by a healthcare provider.

Adverse Effects:

- Weakness, dizziness, or fatigue
- Increased urination
- Low potassium or sodium levels
- Nausea, vomiting, or dry mouth

Drug Interactions:

- **Other antihypertensives** – May cause excessive blood pressure drop.
- **NSAIDs & corticosteroids** – Can reduce the diuretic effect.
- **Lithium** – Levels may increase; monitoring required.
- **Anti-diabetic medications** – Effects may be altered.

Storage:

- Store below **30°C**, in a **dry place**, away from **direct light and moisture**.
- Keep out of **reach of children**.

Conclusion:

Thachlor 6.25 Tablet is a **low-dose, long-acting diuretic** used for **hypertension and fluid retention management**. It offers a **gentle yet effective diuretic action**, making it ideal for patients requiring **mild diuresis** with **minimal electrolyte disturbances**.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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